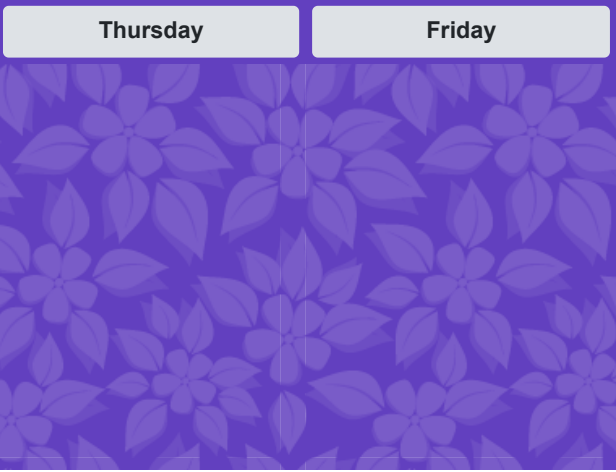


Monday	Tuesday	Wednesday	Thursday	Friday
			4 Maple Sausage & Egg Tornado Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	5 Breakfast Burrito Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK
8 Strawberry Strudel Stick Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	9 Strawberry Crunch Parfait Pancake on a stick Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	10 Ham, Egg and Cheese Combo Bar Cereal Variety (2 WG) Yogurt 6 oz Yogurt Parfait Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Biscuit W/G Chocolate non-fat milk 1% MILK	11 Country Breakfast Bowl Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	12 Long John Donut Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK
15 Martin Luther King Jr. Birthday: No School	16 Banana Cream Pie Parfait Pancake on a stick Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	17 Pancake, Sausage, Cheese Sandwich Mocha Coffee Cooler Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Biscuit W/G Chocolate non-fat milk 1% MILK	18 Country Breakfast Bowl Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	19 Long John Donut Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK
22 WG Sausage Breakfast Pizza Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	23 Strawberry Crunch Parfait Pancake on a stick Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	24 Caramel Coffee Cooler Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	25 Egg & Cheese Croissant Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	26 Cinnamon Roll Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK

Monday	Tuesday	Wednesday	Thursday	Friday
29 No School	30 Banana Cream Pie Parfait Ham & Cheese Breakfast Sandwich Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Chocolate non-fat milk 1% MILK	31 Ham, Egg and Cheese Combo Bar Cereal Variety (2 WG) Yogurt 6 oz Fresh Fruit Variety Canned Fruit Variety Juice, orange mango Suncup Apple Juice Grape Juice Banana Bread W/G Pumpkin Bread Biscuit W/G Chocolate non-fat milk 1% MILK		

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1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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